

Surviving YOUR ADOLESCENTS

How to Manage and *Let Go Of* Your 13-18 Year Olds

"I don't know what to do with this kid anymore," many moms and dads grumble regarding their teens. That's what ***Surviving Your Adolescents*** is all about: Exactly what should you **do** with your adolescents. And—equally important—what should you **not do** with them!

In ***Surviving Your Adolescents*** you'll understand:

- How to manage teen risk-taking
- What problems to let go of
- How your relationship affects your teen's safety
- Exactly how to manage The Snub
- The definition of a normal adolescent!

Surviving Your Adolescents does not assume that parents of teens have infinite amounts of time, energy, skill or patience. But you are neither alone nor powerless. Learn the do's and don't's of living with teens today.

